

Association for Humanistic Counseling
2018 Conference "At a Glance" Schedule

Thursday, May 31, 2018

8 a.m.- 8 p.m. Registration
1 p.m.-4 p.m. AHC Board Meeting- Location TBD

Friday, June 1, 2018

8 a.m.-8 p.m. Registration

8 a.m.-8:45 a.m.	AHC President welcome address (light breakfast included) <i>St. Petersburg Ballroom</i>
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9 a.m.-9:50 a.m. Session 1

50 minute Educational

1. **Melanie Iarussi** - *Motivational interviewing: A humanistic approach to facilitate change*
2. **Fred Hanna** - *The Cognitive Therapy of Oppression: A Humanistic Approach to Liberation & Freedom*
3. **Michelle Mate and Maggie Hess** - *Global Humanism: Developing Sustainable Mental Health Practices in Nairobi, Kenya*
4. **Dawn Hudak** - *Making Humanism Fun... Using creative techniques in the Counseling Theories Classroom*
5. **Marcia McCall** - *Using Creative Arts in Counseling Supervision: Ideas for Supervisors and Researchers*
6. **Heather Koth** - *Increasing Self-Awareness Through Mindfulness Training in Counselor Training Programs*

10 a.m.-11:50 a.m.* Session 2

1 hr. 50 minute Educational

1. **Sabina Alasti-Ward** - *Humanistic Counseling with Adolescents with Problem Sexual Behavior*
3. **Kasia Wereszceynska** - *The Cost of Caring: Recognizing Compassion Fatigue, Vicarious Trauma, and Burnout*
4. **Sarah Jarvie, Amy Barth, and Susannah Coaston** - *Humanism in the classroom: Practical applications*
5. **Jane Warren, Amanuel Asfaw, Jennifer Preston, and Hridaya Sivalingam** - *Engage, Make Meaningful, and Have Fun: Humanism in Online Counseling Education*
6. **Nickolas Summa** - *Working With LGBTQ Youth in Schools*

Noon-1:30 p.m.	Lunch with keynote address <i>St. Petersburg Ballroom</i>
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1:30 pm – 2:00 pm Session 3

Poster Presentation

1. **Randy Curth and Jonathan Procter** - *Mindfulness-Based Curricula In Elementary School Classrooms: An Analysis of Social, Emotional, and Academic Development*

2. **Brett Wilkinson** - *Beyond constructivist pedagogies: Phenomenological teaching methods for counselor educators*
3. **Susan Foster and Andy Brown** - *Humanizing the Inhuman: The Paradox of Virtual Connection*

2 p.m.-2:50 p.m. **Session 4**

50 minute Educational

1. **Tanya Middleton and Christina Chipemba** - *Did That Just Happen? Addressing Racial Microaggressions and Social Justice Inequalities Utilizing a Humanistic Approach with Clients*
2. **Jonathan Procter, Magda Zapata, Palesa Ramohlouoane, Stephanie Ganor, and Tanmayee Khambete** - *Cultivating Multicultural Connections: Employing Humanistic Approaches When Working with Refugee and Immigrant Communities*
3. **Paige Greason Bentley** - *Play It Forward: Reclaiming play for our clients and ourselves*
4. **Sarah Stewart-Spencer, Andy Brown, and Alyssa Weiss-Quittner** - *Grab a Chair! Variations and Use of the Empty Chair in Humanistic-Experiential Therapies*
5. **Susan Foster and Josie David** - *A Counselor's Journey: What Happens When a Client Dies*
6. **Larry Crouch** and Angela Spiers- *Moderating Factors between the Self-efficacy and Role Stressors*

50 minute Round Table

1. **Nakpangi Thomas, Alecia Middleton, and Devin Dupree** - *Telecounseling in a Technological Advanced World*
2. **Joanne Jodry and Helene Maliko-Abraham** - *Humanistic Creativity: A Fight against Self Judgement*
3. **Kathy Jones-Trebatoski** - *Where is the metaphor? How allegories are utilized in counselor education and social justice*
4. **Carrie Caudill** - *Effectiveness of Wellness Exploration in Psychology Students*

3 p.m.-3:50 p.m. **Session 5**

50 minute Educational

1. **Joel Givens** - *What can a body do? Philosophical explorations of the dynamic body in humanistic counseling*
2. **Cheryl Mark and Brande Flamez** - *Spiritual Care in the Treatment of Military Trauma and PTSD – Finding Meaning in Suffering*
3. **Jane Hoffman, Rachel Jacoby, and Yanhong Liu** - *School Counselors' Perception of School-Based Mindfulness Programs: A Phenomenological Study*
4. **Daniel Balva** - *Global Mental Health: A Call To Action*
5. **Liam Mooney and Katherine Purswell** - *Over-diagnosis of ADHD in children? How counselors can respond to children in need*
6. **John Dewell and Kevin Foose** - *The co-modification of the marginal human: Examining the impact of capitalism and technology in contemporary counseling practice*

50 minute Round Table

1. **Cecile Brennan** - *Encountering Each Other: Using Literature & Film to Foster Connection & Understanding*

2. **Gitima Sharma** - *Sense of Purpose among Students belonging to Minority Ethnic and Buddhist Backgrounds: Implications for Counseling and Research*
3. **Kathryn Williams, Christian Chan, and Cirecie A. West-Olatunji** - *Reciprocal Mentoring: A Humanistic Approach to Leadership in Counseling*
4. **Michael Graham and Christopher Ward** - *Kindness: The Impact on Counselor, Counselor Educator, and Supervisor Relationships*

4 p.m.-4:50 p.m. **Session 6**

50 minute Educational

1. **Aaron Smith** - *A Meaning-Based Model of Posttraumatic Growth with Veterans that Have Survived Trauma: Implication for Counseling*
2. **Alfredo Palacios** - *Willing the Freedom of Others: An Existential Position on Diversity and Social Justice in Counseling*
3. **Poonam Doshi, Michael Tursi, and Rostyslaw Robal** - *Exploring key group counseling processes: Implications for counselors and counselor educators*
4. **Michael Valentine** - *Reaching More Caregivers of Chronically Ill Children; A Counseling Call to Action*
5. **Peter Ladd** - *Why Emotional Addictions Rob You of Feeling Fully Human: Implications for Addictions & Mental Health Counseling*
6. **Terry McGlasson and Alaina Sunken** - *Going the Extra Mile: An Experiment in Volunteerism with Counselors-in-Training from Central Michigan University*

Sunset (TBD)	Sir Winston Yachts Evening Sunset Cruise
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Saturday, June 2, 2018

8 a.m.-8 p.m. Registration

8 a.m.-8:45 a.m.	AHC President welcome address (light breakfast included) <i>St. Petersburg Ballroom</i>
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9 a.m.-10:50 a.m.* **Session 1**

1 hr. 50 minute Educational

1. **Fred Hanna** - *An Alternative Paradigm of Mind: How the Yogic Conception of Prakriti Opens New Paths for Humanistic Counseling*
2. **Martina Moore** - *Improving Clients Self-Efficacy Levels: In order to make possible*
3. **Diane Shea and Hayes Honer** - *Trust: THE Basic Building Block in Counseling*
4. **Stacey Litam, Ramya Avadhanam, Christian Chan, and Monica Band** - *“Fresh off the Boat”: The Influence of Internalized Stereotypes and Intraethnic-othering on Asian American Adult Identity Development and Wellness*
5. **Angela Spiers and Lawrence Crouch** - *Fabric of Our Lives: Expressive Approach to Counseling, Education, & Supervision*
6. **Jason Orrock, Whitney George, Natalie Indelicato** - *Walking in Step: An Experiential Group Experience, Exploring Meaning & the Circle of Life*

11 a.m.-11:50 a.m. **Session 2**

50 minute Educational

1. **Joan VanderSchaaf and Hilary VanderSchaaf** - *The Open Adoption Triad: Perspectives of Birthmothers*
2. **Fred Hanna and Brett Wilkinson** - *Phenomenology, Mindfulness, and Yoga Meditation: Restoring the Original Research Method*
3. **Frances Dailey, Adrienne Baggs, and Amanda Nellis** - *New Frontiers in Distance Counseling: 10 Clinical Imperatives*
4. **Silvio Machado** - *Existential Dimensions of Surviving HIV: The Experience of Gay Long-Term Survivors*
5. **Cecile Brennan** - *Introspective Ethics: Using Self-Awareness to Develop Ethical Sensitivity & Enhance Ethical Behavior*
6. **Lauren McLean** - *A Humanistic Approach to Working with Clients in Poverty*

Noon-1:00 p.m.	Lunch with Panel Discussion <i>St. Petersburg Ballroom</i>
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1:00 pm – 1:30 pm **Session 3**

Poster Presentation

1. **Joanne Jodry and Merritt Reid** - *Borrowing Acting Techniques from the Masters: A Quest toward Authenticity*
2. **Sylvia Hill and Tamika McKindra** - *Self-awareness and Counselor Burnout or Vicarious Traumatization*
3. **Trey Fitch, Elizabeth Lawrence, and Allison Hutchinson** - *An Ecological Model for Sense of Belonging*
4. **Andrew Plath** - *Helping the Helpers: Why Counselors Struggle to Help Themselves and Humanistic Recommendations for Self-Care*
5. **Jo Lauren Weaver and Nina Medyk** - *Existential-Humanistic Approach for Counseling Juvenile Offenders*

1:30 p.m.-2:20 p.m. **Session 4**

50 minute Educational

1. **Rachel Jacoby, Jane Hoffman, and Yanhong Liu** - *Utilizing Child-Centered Play Therapy with Adopted Youth*
2. **Kevin Foose, John Dewell, and Brett Wilkinson** - *Where is the knowledge we have lost in information? Using chaos theory and phenomenology to manage the overwhelming experience of the contemporary human*
3. **Nina Medyk and Jo Lauren Weaver** - *Journey through the Labyrinth: A Humanistic Approach to Counseling and Counselor Wellness*
4. **Tanya Middleton and Alicia Hall** - *Utilizing a Humanistic Perspective for Helping Clients Recover Relationships Damaged Due to Mental Illness, Addiction and Incarceration*
5. **Bill Baker** - *Working with Transgender Men: Counseling and Research*

50 minute Round Table

1. **Damian McClintock and Alyssa Swan** - *Person-Centered Teaching in Counselor Education*
2. **Billie Gilliam** - *Resist the Resistance*
3. **Peter Ladd** - *Advocating for Choice in Mental Health: A Medical Model vs. a Holistic Talk Therapy Model*

2:30 p.m.-3:20 p.m.

Session 5

50 minute Educational

1. **Paige Robertson and Martina Moore** - *Women and Addiction: Changing Lives*
2. Rob Freund and Carman Gill - *When is religion unhealthy? Understanding disproportionately closed systems and implications for mental health*
3. **Mark Scholl and Mark Stauffer** - *Quality World Mindfulness: Helping Community Ex-Offenders Successfully Navigate the Transition from Prison to the Community*
4. **Jordan Shannon** - *I Am Because We Are: Utilizing Black Existentialism in the Counseling Profession*
5. **Amanda Lara and Katherine Purswell** - *Empathic Cultural Sensitivity: Bridging Knowledge to Action*

50 minute Round Table

1. **Faith Deveaux** - *Bring in the arts to Counselor Education: Supporting a Postmodern approach*
2. **Yuichi Sasakawa** - *Behind languages. Uniquely Multicultural and Japanese: Understanding onomatopoeia expression and treatment intervention used effectively when counselors work with Asian-Americans and other ethnic minorities*
3. **Lotes Nelson** - *The Hero Within Us: Building Resiliency in Counselors*
4. **Alisa Houseknect** - *Addressing the Needs of Refugees Through Culturally Responsive Counseling*

3:30 p.m.-4:20 p.m.

Session 6

50 minute Educational

1. **Brett Wilkinson** - *The quadripartite humanistic neuroscience model: Examining empathy in light of the hard problem of consciousness*
2. **Stewart Nafziger** - *The "Ordinary Devoted" Educator: D.W. Winnicott's Contribution to Counselor Education*
3. **Quentin Hunter and Marie Coma** - *Empathy, Humanism, and Mindfulness in Multicultural Counseling and Social Justice Work*
4. **Rachel Carter** - *Get Your Drive Back: Steering Yourself and Others Toward Optimal Well-Being and Success*
5. **Nakpangi Thomas and Melanie Popiolek** - *Advocacy in Motion*
6. **Ralph Menard and Tyler Wilkinson** - *Remaining Present with Adolescents in Crisis*